

DOLLAR FOR POUND Program Statistics

Total Number of Patients Enrolled in *Dollar for Pound* Weight-loss Program from 2002 to 2010: **602**

DOLLAR FOR POUND Program Statistics for 5 Years Total (2004 to 2008)

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|--------------------|----------|---------------------|--|----------|
| Enrolled patients- | 223 | Program completed - | 140 (63%) | |
| Weight Losers- | 96 (69%) | Total wt. Lost- | 855 lbs. Average wt. loss for losers- | 8.9 lbs. |
| Weight Gainers - | 44 (31%) | Total wt. Gained- | 250 lbs. Average wt. gain for gainers- | 5.7 lbs |

Mean wt. loss for all- 4.3 lbs.

Dollar for pound- 2008 – Biggest loser- 35 lbs. (10% of original wt.) in 1 year

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|--------------------|----------|---------------------|---------------------------------------|--------|
| Enrolled patients- | 88 | Program completed - | 51 (58%) | |
| Weight Losers- | 32 (63%) | Total wt. Lost- | 291 lbs. Average wt. loss for losers- | 9 lbs. |
| Weight Gainers - | 19 (37%) | Total wt. Gained- | 95 lbs. Average wt. gain for gainers- | 5 lbs |

Mean wt. loss for all- 4 lbs.

Dollar for pound- 2007 – Biggest loser- 36 lbs. (12.5% of original wt.) in 1 year

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|--------------------|----------|---------------------|---------------------------------------|--------|
| Enrolled patients- | 50 | Program completed - | 32 (64%) | |
| Weight Losers- | 21 (66%) | Total wt. Lost- | 185 lbs. Average wt. loss for losers- | 9 lbs. |
| Weight Gainers - | 11 (34%) | Total wt. Gained- | 64 lbs. Average wt. gain for gainers- | 6 lbs |

Mean wt. loss for all- 4 lbs.

Dollar for pound- 2006 - Biggest loser- 22 lbs. (7.5% of original wt.) in 1 year

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|--------------------|---------|---------------------|---------------------------------------|-----------|
| Enrolled patients- | 13 | Program completed - | 9 (69%) | |
| Weight Losers- | 7 (78%) | Total wt. Lost- | 81 lbs. Average wt. loss for losers- | 11.5 lbs. |
| Weight Gainers - | 2 (22%) | Total wt. Gained- | 12 lbs. Average wt. gain for gainers- | 6 lbs |

Mean wt. loss for all- 7.7 lbs.

Dollar for pound- 2005 - Biggest loser- 11 lbs. (6% of original wt.) in 1 year

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|--------------------|---------|---------------------|---------------------------------------|---------|
| Enrolled patients- | 12 | Program completed - | 9 (75%) | |
| Weight Losers- | 6 (67%) | Total wt. Lost- | 24 lbs. Average wt. loss for losers- | 4 lbs. |
| Weight Gainers - | 3 (33%) | Total wt. Gained- | 23 lbs. Average wt. gain for gainers- | 7.6 lbs |

Mean wt. loss for all- 0.0 lbs.

Dollar for pound- 2004 - Biggest loser- 44 lbs. (14% of original wt.) in 1 year

Enrolled patients- 60 Program completed - 39 (65%)
 Weight Losers- 30 (77%) Total wt. Lost- 274 lbs. Average wt. loss for losers- 9 lbs.
 Weight Gainers - 9 (23%) Total wt. Gained- 56 lbs. Average wt. gain for gainers- 6 lbs

Mean wt. loss for all- 5.6 lb.

Table: Dollar For Pound Program Statistics for 5 years (2004 to 2008)

| | 2004 | 2005 | 2006 | 2007 | 2008 | 5 yrs total |
|-------------------------|----------|---------|---------|----------|----------|-------------|
| pts enrolled | 60 | 12 | 13 | 50 | 88 | 223 |
| pts completed | 39 (65%) | 9 (75%) | 9 (70%) | 32 (64%) | 51 (58%) | 140 (63%) |
| Wt losers | 30 (77%) | 6 (67%) | 7 (78%) | 21 (66%) | 32 (63%) | 96 (68%) |
| Wt gainers | 9 (23%) | 3 (33%) | 2 (22%) | 11 (34%) | 19 (37%) | 44 (32%) |
| wt loss total | 274 | 24 | 81 | 185 | 291 | 855 |
| wt gain total | 56 | 23 | 12 | 64 | 95 | 250 |
| avg wt loss for losers | 9 | 4 | 11.5 | 9 | 9 | 8.9 |
| avg wt gain for gainers | 6 | 7.6 | 6 | 6 | 5 | 5.7 |
| mean wt loss for all | 5.6 | 0 | 7.7 | 4 | 4 | 4.3 |
| biggest loser-in lbs. | 44 | 11 | 22 | 36 | 35 | 44 |
| biggest loser- %age wt | 14 | 6 | 7.5 | 12.5 | 10 | 14 |
| wts in lbs. | | | | | | |